OBSERVATIONS & RECOMMENDATIONS

After reviewing data collected from **Little Lake Sunapee**, **New London**, the program coordinators have made the following observations and recommendations.

We congratulate your group on sampling twice this year! However, we encourage your group to conduct more sampling events in the future. Typically, we recommend that monitoring groups sample three times per summer (once in **June**, **July**, and **August**). We understand that the number of sampling events you decide to conduct per summer will depend upon volunteer availability, and your group's goals and funding availability. However, with a limited amount of data it is difficult to determine accurate and representative water quality trends. Since weather patterns and activity in the watershed can change throughout the summer, from year to year, and even from hour to hour during a rain event, it is a good idea to sample the lake at least once per month during the summer.

If you are having difficulty finding volunteers to help sample or to travel to one of the laboratories, please call the VLAP Coordinator and DES will help you work out an arrangement.

We encourage your monitoring group to continue utilizing the Colby Sawyer College Water Quality Laboratory in New London. This laboratory was established to serve the large number of lakes/ponds in the greater Lake Sunapee region of the state. This laboratory is inspected by DES and operates under a DES approved quality assurance plan. We encourage your monitoring group to utilize this laboratory next summer for all sampling events, except for the annual DES biologist visit. To find out more about the Colby Sawyer College Water Quality Laboratory, and/or to schedule dates to pick up bottles and equipment, please call Bonnie Lewis, laboratory manager, at (603) 526-3486.

Since your lake is located in the Lake Sunapee Watershed, we are providing an update detailing the activities of The Sunapee Area Watershed Coalition (SAWC). SAWC was organized in January, 2005, to promote local efforts to protect water quality, raise community awareness of important watershed issues, formulate clear guidelines for responsible, long-term stewardship of water resources, and encourage cooperation

among Sunapee watershed towns to manage and protect water resources for the common benefit of the area communities.

SAWC is made up of representatives from each watershed town (Goshen, Newbury, New London, Springfield, Sunapee and Sutton), the Lake Sunapee Protective Association, Colby Sawyer College, Upper Valley Lake Sunapee Regional Planning Commission, several lake and pond associations and interested watershed residents. The inter-town Coalition was formed to develop a long-term watershed management plan for the Lake Sunapee watershed.

The Sunapee Watershed Management Plan, completed by SAWC in 2008, pointed to stormwater runoff as a priority water quality issue. As we are all aware, New Hampshire has been hit hard in the last several years by more frequent and intense storm activity. The storms have caused extensive damage to infrastructure, including public roads, culverts and bridges. Additionally, these storms and the infrastructure failures have damaged stream channels and banks and degraded water quality. The municipalities in the Sunapee watershed will be benefiting from a National Oceanic and Atmospheric Administration (NOAA) funded research project that will assess the adequacy of stormwater infrastructure throughout the watershed. The two-year study will assess present adequacy, and will include projected development impacts (more impervious surface) and climate change impacts (precipitation levels). Municipalities will be provided with a report detailing this information which will also include an economic analysis estimating cost-savings association with upgrading infrastructure to avoid damages. Also included will be estimates on savings associated with incorporation of Low Impact Development (LID) techniques. The study includes researchers from Antioch University (Keene), the University of New Hampshire, and the Lake Sunapee Protective Association. This study is cohesive with SAWC priorities and the area is fortunate to have this project taking place.

For more information, contact June Fichter, Executive Director of the Lake Sunapee Protective Association at 763-2210.

FIGURE INTERPRETATION

CHLOROPHYLL-A

Figure 1 and Table 1: Figure 1 in Appendix A shows the historical and current year chlorophyll-a concentration in the water column. Table 1 in Appendix B lists the maximum, minimum, and mean concentration for each sampling year that the lake has been monitored through VLAP.

Chlorophyll-a, a pigment found in plants, is an indicator of the algal abundance. Algae (also known as phytoplankton) are typically microscopic, chlorophyll producing plants that are naturally occurring in lake ecosystems. The chlorophyll-a concentration measured in the water gives biologists an estimation of the algal concentration or lake productivity. The median summer chlorophyll-a concentration for New Hampshire's lakes and ponds is 4.58 mg/m³.

The current year data (the top graph) show that the chlorophyll-a concentration *decreased slightly* from **May** to **August**.

The historical data (the bottom graph) show that the **2009** chlorophyll-a mean is *less than* the state median and is *approximately equal to* the similar lake median. For more information on the similar lake median, refer to Appendix F.

Overall, the statistical analysis of the historical data (the bottom graph) show that the mean annual chlorophyll-a concentration has **not significantly changed** (neither *increased* nor *decreased*) since monitoring began. Specifically, the mean annual chlorophyll-a concentration has remained **relatively stable**, **ranging between approximately 1.88 and 3.66 mg/m³** (excluding 2003 data) since **1999**. Please refer to Appendix E for a detailed statistical analysis explanation and data print-out.

While algae are naturally present in all lakes and ponds, an excessive or increasing amount of any type is not welcomed. In freshwater lakes and ponds, phosphorus is the nutrient that algae typically depend upon for growth in New Hampshire lakes. Algal concentrations may increase as nonpoint sources of phosphorus from the watershed increase, or as in-lake phosphorus sources increase. Therefore, it is extremely important for volunteer monitors to continually educate all watershed residents about management practices that can be implemented to minimize phosphorus loading to surface waters.

TRANSPARENCY

Figure 2 and Tables 3a and 3b: Figure 2 in Appendix A shows the historical and current year data for transparency with and without the use of a viewscope. Table 3a in Appendix B lists the maximum, minimum and mean transparency data without the use of a viewscope and Table 3b lists the maximum, minimum and mean transparency data with the use of a viewscope for each year that the lake has been monitored through VLAP.

Volunteer monitors use the Secchi disk, a 20 cm disk with alternating black and white quadrants, to measure how far a person can see into the water. Transparency, a measure of water clarity, can be affected by the amount of algae and sediment in the water, as well as the natural lake color of the water. **The median summer transparency for New Hampshire's lakes and ponds is 3.2 meters.**

The current year data (the top graph) show that the non-viewscope inlake transparency *decreased* from **May** to **August**.

The historical data (the bottom graph) show that the **2009** mean non-viewscope transparency is **slightly greater than** the state median and is **slightly less than** the similar lake median. Please refer to Appendix F for more information about the similar lake median.

The current year data (the top graph) show that the viewscope in-lake transparency *decreased slightly* from May to August. The transparency measured with the viewscope was generally *greater than* the transparency measured without the viewscope this summer. A comparison of the transparency readings taken with and without the use of a viewscope shows that the viewscope typically increases the depth to which the Secchi disk can be seen into the lake, particularly on sunny and windy days. We recommend that your group measure Secchi disk transparency with and without the viewscope on each sampling event.

It is important to note that viewscope transparency data are not compared to a New Hampshire median or similar lake median. This is because lake transparency with the use of a viewscope has not been historically measured by DES. At some point in the future, the New Hampshire and similar lake medians for viewscope transparency will be calculated and added to the appropriate graphs.

Overall, the statistical analysis of the historical data (the bottom graph) shows that the mean annual in-lake non-viewscope transparency has **not significantly changed** (either *increased* or *decreased*) since monitoring began. Specifically, the in-lake transparency has remained **relatively stable**, **ranging between approximately 3.50 and 5.70 meters** since **1998**. Please refer to Appendix E for the statistical analysis explanation and data print-out.

Typically, high intensity rainfall causes sediment-laden stormwater runoff to flow into surface waters, thus increasing turbidity and decreasing clarity. Efforts to stabilize stream banks, lake and pond shorelines, disturbed soils within the watershed, and especially dirt roads located immediately adjacent to the edge of tributaries and the lake or pond should continue on an annual basis. Guides to best management practices that can be implemented to reduce, and possibly even eliminate, nonpoint source pollutants, are available from DES upon request.

TOTAL PHOSPHORUS

Figure 3 and Table 8: The graphs in Figure 3 in Appendix A show the amount of epilimnetic (upper layer) phosphorus and hypolimnetic (lower layer) phosphorus; the inset graphs show current year data. Table 8 in Appendix B lists the annual maximum, minimum, and median concentration for each deep spot layer and each tributary since the lake has been sampled through VLAP.

Phosphorus is typically the limiting nutrient for vascular aquatic plant and algae growth in New Hampshire's lakes and ponds. Excessive phosphorus in a lake or pond can lead to increased plant and algal growth over time. The median summer total phosphorus concentration in the epilimnion (upper layer) of New Hampshire's lakes and ponds is 12 ug/L. The median summer phosphorus concentration in the hypolimnion (lower layer) is 14 ug/L.

The current year data for the epilimnion (the top inset graph) show that the phosphorus concentration *remained stable* from **May** to **August**.

The historical data show that the **2009** mean epilimnetic phosphorus concentration is **slightly less than** the state median and is **approximately equal to** the similar lake median. Refer to Appendix F for more information about the similar lake median.

The current year data for the hypolimnion (the bottom inset graph) show that the phosphorus concentration *decreased slightly* from **May** to **August**.

The hypolimnetic (lower layer) turbidity sample was **slightly elevated** on the **August** sampling event (**2.34 NTUs**). This suggests that the lake bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the lake bottom is covered by an easily disturbed thick organic layer of sediment. When the lake bottom is disturbed, phosphorus rich sediment is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

The historical data show that the **2009** mean hypolimnetic phosphorus concentration is *less than* the state and similar lake

medians. Please refer to Appendix F for more information about the similar lake median.

Overall, the statistical analysis of the historical data shows that the epilimnetic (upper layer) and hypolimnetic (lower layer) phosphorus concentration has **not significantly changed** (either *increased* or *decreased*) since monitoring began. Specifically, the mean annual epilimnetic and hypolimnetic phosphorus concentration has remained **relatively stable, ranging between approximately 5 and 14 ug/L** since **2000**. Please refer to Appendix E for the statistical analysis explanation and data print-out.

One of the most important approaches to reducing phosphorus loading to a waterbody is to continually educate watershed residents about the watershed sources of phosphorus and how excessive phosphorus loading can negatively impact the ecology and the recreational, economical, and ecological value of lakes and ponds.

TABLE INTERPRETATION

> Table 2: Phytoplankton

Table 2 in Appendix B lists the current and historical phytoplankton and/or cyanobacteria observed in the lake. Specifically, this table lists the three most dominant phytoplankton and/or cyanobacteria observed in the sample and their relative abundance in the sample.

The dominant phytoplankton and/or cyanobacteria observed in the August sample were Asterionella (Diatom), Dinobryon (Golden-Brown), and Chrysosphaerella (Golden-Brown).

Phytoplankton populations undergo a natural succession during the growing season. Please refer to the "Biological Monitoring Parameters" section of this report for a more detailed explanation regarding seasonal plankton succession. Diatoms and golden-brown algae populations are typical in New Hampshire's less productive lakes and ponds.

> Table 4: pH

Table 4 in Appendix B presents the in-lake and tributary current year and historical pH data.

pH is measured on a logarithmic scale of 0 (acidic) to 14 (basic). pH is important to the survival and reproduction of fish and other aquatic life. A pH below 6.0 typically limits the growth and

reproduction of fish. A pH between 6.0 and 7.0 is ideal for fish. The median pH value for the epilimnion (upper layer) in New Hampshire's lakes and ponds is **6.6**, which indicates that the state surface waters are slightly acidic. For a more detailed explanation regarding pH, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean pH at the deep spot this year ranged from **6.10** in the hypolimnion to **6.75** in the epilimnion, which means that the water is **slightly acidic**.

It is important to point out that the hypolimnetic (lower layer) pH was *lower (more acidic)* than in the epilimnion (upper layer). This increase in acidity near the lake bottom is likely due to the decomposition of organic matter and the release of acidic by-products into the water column.

Due to the state's abundance of granite bedrock in the state and acid deposition received from snowmelt, rainfall, and atmospheric particulates, there is little that can be feasibly done to effectively increase lake pH.

> Table 5: Acid Neutralizing Capacity

Table 5 in Appendix B presents the current year and historical epilimnetic ANC for each year the lake has been monitored through VLAP.

Buffering capacity (ANC) describes the ability of a solution to resist changes in pH by neutralizing the acidic input. The median ANC value for New Hampshire's lakes and ponds is **4.8 mg/L**, which indicates that many lakes and ponds in the state are at least "moderately vulnerable" to acidic inputs. For a more detailed explanation about ANC, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean acid neutralizing capacity (ANC) of the epilimnion (upper layer) was **3.9 mg/L**, which is **slightly less than** the state median. In addition, this indicates that the lake is **moderately vulnerable** to acidic inputs.

> Table 6: Conductivity

Table 6 in Appendix B presents the current and historical conductivity values for tributaries and in-lake data. Conductivity is the numerical expression of the ability of water to carry an electric current, which is determined by the number of negatively charged ions from metals, salts, and minerals in the water column. The

median conductivity value for New Hampshire's lakes and ponds is **40.0 uMhos/cm**. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters" section of this report.

The mean annual epilimnetic conductivity at the deep spot this year was **83.81 uMhos/cm**, which is *greater than* the state median.

The conductivity continued to remain *greater than* the state median in the lake and tributaries this year and has fluctuated since monitoring began. Typically, elevated conductivity indicates the influence of pollutant sources associated with human activities. These sources include failed or marginally functioning septic systems, agricultural runoff, and road runoff, which contain road salt during the spring snow-melt. New development in the watershed can alter runoff patterns and expose new soil and bedrock areas, which could also contribute to increasing conductivity. In addition, natural sources, such as iron and manganese deposits in bedrock, can influence conductivity.

A stream conductivity survey was conducted along Bucklin Brook in 2009. Bucklin Brook was bracketed above and below the Department of Transportation's (DOT) salt storage facility, and also along Old Dump Road. Data indicate a significant increase in conductivity levels downstream (Bucklin Brook 2) of the salt storage facility. Conductivity data will continue to be collected from these stations and the DOT will be contacted to implement Best Management Practices (BMPs) at the facility. In the future, we hope that BMP implementation will reduce the elevated conductivity levels in Bucklin Brook.

We recommend that your monitoring group conduct stream surveys and rain event sampling along the other tributaries with *elevated* conductivity so that we can determine what may be causing the increases.

For a detailed explanation on how to conduct rain event sampling and stream surveys, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at http://www.des.nh.gov/organization/divisions/water/wmb/vlap/categories/publications.htm, or contact the VLAP Coordinator.

It is evident that de-icing materials applied to nearby roadways during the winter months are influencing the conductivity in the lake. The most commonly used de-icing material in New Hampshire is salt (sodium chloride).

A limited amount of chloride sampling was conducted during 2009.

Please refer to the discussion of **Table 13** for more information.

Therefore, we recommend that the **epilimnion** and the **tributaries** be sampled for chloride next year. This additional sampling may help us identify what areas of the watershed are contributing to the increasing in-lake conductivity.

Please note that the DES Limnology Center in Concord is able to conduct chloride analyses, free of charge. As a reminder, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.

> Table 8: Total Phosphorus

Table 8 in Appendix B presents the current year and historical total phosphorus data for in-lake and tributary stations. Phosphorus is the nutrient that limits the algae's ability to grow and reproduce. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The total phosphorus concentrations in the **Great Pines WL Xing**, **Hilltop Pond Outlet and Koron Pond Inlet** were *elevated* (37, 24 and 36 ug/L) on the **August** sampling event. The turbidity of the samples was also *elevated* (4.11, 3.22 and 3.77 NTUs), which suggests that the stream bottom may have been disturbed while sampling or that erosion is occurring in the watershed. Weather records indicate > 1.0 inch of rainfall 2 hours prior to sampling suggesting stormwater runoff transported unstable sediments into the tributaries.

If you suspect that erosion is occurring in this area of the watershed, we recommend that your monitoring group conduct a stream survey and rain event sampling along this tributary. This additional sampling may allow us to determine what is causing the *elevated* levels of turbidity and phosphorus.

For a detailed explanation on how to conduct rain event sampling and stream surveys, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at http://www.des.nh.gov/organization/divisions/water/wmb/vlap/categories/publications.htm, or contact the VLAP Coordinator.

> Table 9 and Table 10: Dissolved Oxygen and Temperature Data Table 9 in Appendix B shows the dissolved oxygen/temperature profile(s) collected during 2009. Table 10 in Appendix B shows the historical and current year dissolved oxygen concentration in the hypolimnion (lower layer). The presence of sufficient amounts of

dissolved oxygen in the water column is vital to fish and amphibians and bottom-dwelling organisms. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The dissolved oxygen concentration was *high* at all deep spot depths sampled at the lake on the **May** sampling event. As thermally stratified lakes age, and as the summer progresses, oxygen typically becomes *depleted* in the hypolimnion (lower layer) by bacterial decomposition. Specifically, the loss of oxygen in the hypolimnion results primarily from biological organisms using oxygen to break down organic matter, both in the water column and particularly at the bottom of the lake or pond where the water meets the sediment. We hope this continues!

> Table 11: Turbidity

Table 11 in Appendix B lists the current year and historical data for in-lake and tributary turbidity. Turbidity in the water is caused by suspended matter, such as clay, silt, and algae. Water clarity is strongly influenced by turbidity. Please refer to the "Other Monitoring Parameters" section of this report for a more detailed explanation.

As discussed previously, the hypolimnetic (lower layer) turbidity was *slightly elevated* (2.34 NTUs) on the August sampling event. This suggests that the lake bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the lake bottom is covered by an easily disturbed, thick organic layer of sediment. When the lake bottom is disturbed, phosphorus rich sediment is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

The turbidity in the **Great Pines WL Xing, Hilltop Pond Outlet, Koron Pond Inlet, Station C, and Station Q** samples was *elevated* **(4.11, 3.22, 3.77, 2.09, and 1.26 NTUs)** on the **August** sampling event, which suggests that the stream bottom may have been disturbed while sampling or that erosion is occurring in this area of the watershed. Weather records indicate > **1.0 inch** of rainfall occurred **2 hours** prior to sampling suggesting stormwater runoff transported unstable sediments to the tributaries.

If you suspect erosion in the watershed, we recommend conducting a stream survey to identify sediment erosion. We also recommend that your monitoring group conduct rain event sampling along this tributary. This additional sampling may allow us to determine what is causing the *elevated* levels of turbidity.

For a detailed explanation on how to conduct rain event sampling and stream surveys, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at http://www.des.nh.gov/organization/divisions/water/wmb/vlap/categories/publications.htm, or contact the VLAP Coordinator.

> Table 12: Bacteria (E.coli)

Table 12 in Appendix B lists the current year and historical data for bacteria (E.coli) testing. E. coli is a normal bacterium found in the large intestine of humans and other warm-blooded animals. E.coli is used as an indicator organism because it is easily cultured and its presence in the water, in defined amounts, indicates that sewage may be present. If sewage is present in the water, potentially harmful disease-causing organisms may also be present.

Bacteria sampling was not conducted this year. If residents are concerned about sources of bacteria such as failing septic systems, animal waste, or waterfowl waste, it is best to conduct *E. coli* testing when the water table is high, when beach use is heavy, or immediately after rain events.

> Table 13: Chloride

Table 13 in Appendix B lists the current year and the historical data for chloride sampling. The chloride ion (Cl-) is found naturally in some surfacewaters and groundwaters and in high concentrations in seawater. Research has shown that elevated chloride levels can be toxic to freshwater aquatic life. In order to protect freshwater aquatic life in New Hampshire, the state has adopted **acute and chronic** chloride criteria of **860 and 230 mg/L** respectively. The chloride content in New Hampshire lakes is naturally low, generally less than 2 mg/L in surface waters located in remote areas away from habitation. Higher values are generally associated with salted highways and, to a lesser extent, with septic inputs. Please refer to the "Chemical Monitoring Parameters" section of this report for a more detailed explanation.

The **epilimnion** was sampled for chloride during the **May** sampling event. The result was **17 mg/L**, which is **much less than** the state acute and chronic chloride criteria. However, this concentration is **greater than** what we would normally expect to measure in undisturbed New Hampshire surface waters.

The **Bucklin Brook 2** station was sampled for chloride on the **9/2/2009** sampling event. The result was **250 mg/L**, which is **less**

than the state acute chloride criteria, but **greater than** the state chronic chloride criteria.

The **Bucklin Brook 3** station was sampled for chloride on the **9/2/2009** sampling event. The result was **14 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

The **Bucklin Brook 4** station was sampled for chloride on the **9/2/2009** sampling event. The result was **48 mg/L**, which is *much less than* the state acute chloride criteria, and *less than* the state chronic chloride criteria.

The **Great Pines WL Xing** station was sampled for chloride on the **5/26/2009** sampling event. The result was **30 mg/L**, which is **much less than** the state acute and chronic chloride criteria.

The **Koron Pond Inlet** station was sampled for chloride on the **5/26/2009** sampling event. The result was **19 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

The **Station A** was sampled for chloride on the **5/26/2009** sampling event. The result was **18 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

The **Station C** was sampled for chloride on the **5/26/2009** sampling event. The result was **17 mg/L**, which is **much less than** the state acute and chronic chloride criteria.

The **Station H** was sampled for chloride on the **5/26/2009** sampling event. The result was **19 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

The **Station J** was sampled for chloride on the **5/26/2009** sampling event. The result was **18 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

The **Station O** was sampled for chloride on the **5/26/2009** sampling event. The result was **19 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

The **Station Q** was sampled for chloride on the **5/26/2009** sampling event. The result was **18 mg/L**, which is *much less than* the state acute and chronic chloride criteria.

We recommend that your monitoring group continue to conduct chloride sampling in the epilimnion at the deep spot and in the tributaries near salted roadways, particularly in the spring during snow-melt and rain events during the summer. This will establish a baseline of data that will assist your monitoring group and DES to determine lake quality trends in the future.

Please note that chloride analyses can be run free of charge at the DES Limnology Center. Please contact the VLAP Coordinator if you are interested in chloride monitoring. In addition, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.

In addition, DES is contacting the DOT to discuss the implementation of BMPs at their salt storage facility along Bucklin Brook. We also recommend that your group work with watershed residents to reduce the application of chloride containing de-icing agents to driveways and walkways.

To learn more about conductivity and chloride pollution and what can be done about to minimize it, please refer to the 2004 VLAP Annual Report special topic article, which is posted on the VLAP website at http://www.des.nh.gov/organization/divisions/water/wmb/vlap/categories/publications.htm, or contact the VLAP Coordinator.

Table 14: Current Year Biological and Chemical Raw Data
Table 14 in Appendix B lists the most current sampling year results.
Since the maximum, minimum, and annual mean values for each parameter are not shown on this table, this table displays the current year "raw," meaning unprocessed, data. The results are sorted by station, depth, and then parameter.

> Table 15: Station Table

As of the spring of 2004, all historical and current year VLAP data are included in the DES Environmental Monitoring Database (EMD). To facilitate the transfer of VLAP data into the EMD, a new station identification system had to be developed. While volunteer monitoring groups can still use the sampling station names that they have used in the past and are most familiar with, an EMD station name also exists for each VLAP sampling location. Table 15 in Appendix B identifies what EMD station name corresponds to the station names you have used in the past and will continue to use in the future.

DATA QUALITY ASSURANCE AND CONTROL

Annual Assessment Audit:

During the annual visit to your lake, the biologist conducted a sampling procedures assessment audit for your monitoring group. Specifically, the biologist observed the performance of your monitoring group and completed an assessment audit sheet to document the volunteer monitors' ability to follow the proper field sampling procedures, as outlined in the VLAP Monitor's Field Manual. This assessment is used to identify any aspects of sample collection in which volunteer monitors failed to follow proper procedures, and also provides an opportunity for the biologist to retrain the volunteer monitors as necessary. This will ultimately ensure samples that the volunteer monitors collect are truly representative of actual lake and tributary conditions.

Overall, your monitoring group did an *excellent* job collecting samples on the annual biologist visit this year! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the biologist to provide additional training. Keep up the good work!

Sample Receipt Checklist:

Each time your monitoring group dropped off samples at the laboratory this summer, the laboratory staff completed a sample receipt checklist to assess and document if your group followed proper sampling techniques when collecting the samples. The purpose of the sample receipt checklist is to minimize, and hopefully eliminate, improper sampling techniques.

Overall, the sample receipt checklist showed that your monitoring group did an *excellent* job when collecting samples and submitting them to the laboratory this year! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the laboratory staff to contact your group with questions, and no samples were rejected for analysis.

USEFUL RESOURCES

Best Management Practices to Control Nonpoint Source Pollution: A Guide for Citizens and Town Officials, DES Booklet WD-03-42, (603) 271-2975 or

www.des.nh.gov/organization/commissioner/pip/publications/wd/docu ments/wd-03-42.pdf.

Erosion Control for Construction in the Protected Shoreland Buffer Zone, DES fact sheet WD-SP-1, (603) 271-2975 or

http://des.nh.gov/organization/commissioner/pip/factsheets/sp/documents/sp-1.pdf

Low Impact Development Hydrologic Analysis. Manual prepared by Prince George's County, Maryland, Department of Environmental Resources. July 1999. To access this document, visit www.epa.gov/owow/nps/lid_hydr.pdf or call the EPA Water Resource Center at (202) 566-1736.

Low Impact Development: Taking Steps to Protect New Hampshire's Surface Waters, DES fact sheet WD-WMB-17, (603) 271-2975 or www.des.nh.gov/organization/commissioner/pip/factsheets/wmb/documents/wmb-17.pdf.

NH Stormwater Management Manual Volume 1: Stormwater and Antidegradation, DES fact sheet WD-08-20A, (603) 271-2975 or http://des.nh.gov/organization/commissioner/pip/publications/wd/doc uments/wd-08-20a.pdf

NH Stormwater Management Manual Volume 2: Post-Construction Best Management Practices Selection and Design, DES fact sheet WD-08-20B, (603) 271-2975 or

http://des.nh.gov/organization/commissioner/pip/publications/wd/doc uments/wd-08-20b.pdf

NH Stormwater Management Manual Volume 3: Erosion and Sediment Controls During Construction, DES fact sheet WD-08-20C, (603) 271-2975 or

http://des.nh.gov/organization/commissioner/pip/publications/wd/doc uments/wd-08-20c.pdf

Road Salt and Water Quality, DES fact sheet WD-WMB-4, (603) 271-2975 or

www.des.nh.gov/organization/commissioner/pip/factsheets/wmb/documents/wmb-4.pdf.

Vegetation Maintenance Within the Protected Shoreland, DES fact sheet WD-SP-5, (603) 271-2975 or

http://des.nh.gov/organization/commissioner/pip/factsheets/sp/documents/sp-5.pdf

Weed Watchers: An Association to Halt the Spread of Exotic Aquatic Plants, DES fact sheet WD-BB-4, (603) 271-2975 or http://des.nh.gov/organization/commissioner/pip/factsheets/bb/docu ments/bb-4.pdf.